



Course Specification

(Bachelor)

Course Title **Fundamentals of nursing practice**

Course Code: **MID26231**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **College of Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C. Course Content	5
D. Students Assessment Activities	6
E. Learning Resources and Facilities	6
F. Assessment of Course Quality	7
G. Specification Approval	7



A. General information about the course:

1. Course Identification

1. Credit hours: 4(2+2)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (3rd level / 2nd year)

4. Course general Description:

This course provides concepts and theories basic to the art and science of nursing. The role of the nurse as a member of the health care team emphasized.

5. Pre-requirements for this course (if any):

NA

6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

Describe theoretical and practical principles and concepts of fundamental nursing; apply responsibility and accountability for personal and professional behavior and provide nursing care. Instead of behavior and in the provision of nursing care.

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	25	25%
2	E-learning	5	10%
3	Hybrid • Traditional classroom		
4	Practical	30	65%

3. Contact Hours (based on the academic semester)





No	Activity	Contact Hours
1.	Lectures	25
2.	Laboratory/Studio	60
3.	e-learning	5
4.	Tutorial	
5.	Others (self-study)	60
Total		150

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Identify theoretical principles and concepts of fundamental nursing.	K1	- Interactive Lectures - Discussion	Short note
1.2	Explain principles of communications with a variety of patients and interdisciplinary health team members.	K2		MCQs
1.3	Describe the fundamental knowledge and concept of nursing care.	K3		assignment
2.0	Skills			
2.1	Practice the basic nursing skills	S1	- Interactive lecture - Discussion -Problem based learning.	OSCE
2.2	Utilize time management concepts in setting priorities for clinical performance	S2	- Case study Bain storming	OSCE
2.3	Assess the impact of illness on patient, family, and community	S3	- Interactive lecture Discussion	Logbook
3.0	Values, autonomy, and responsibility			
3.1	Perform fundamental nursing and documentation skills in a safe manner.	V1	- Group discussion - Role play Instructional media	OSCE Case study





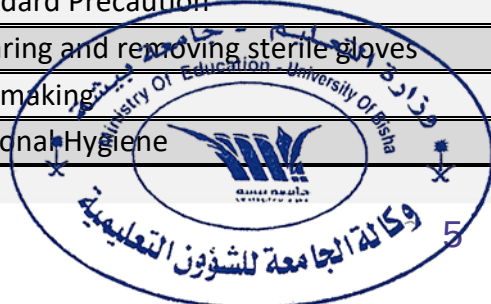
Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
3.2	Manipulate equipment's, dolls in a safe effective manner	V2	Group project	Logbook
3.3	Apply standard infection control in all nursing care practice and setting.	V3	- Assignments case-studies	OSCE

C. Course Content Theory

No	List of Topics	Contact Hours
1.	Health and Wellness	2
2.	Hospital Admission and Discharge	2
3.	Nursing Process	2
4.	Communication and Nurse Patient Relationship	2
5.	Vital Signs	4
6.	Needs of Hospitalized patients	2
7.	Infection prevention and control	2
8.	Medication Administration:	4
9.	Meeting Needs of Perioperative Patients	4
10.	Care of terminally ill patient	2
11.	Revision	2
Total		30

D. Course Content - Practical

No	List of Topics	Contact Hours
1.	Introduction	4
2.	Body Mechanics	4
3.	Positioning	4
4.	Hand washing	4
5.	Standard Precaution	4
6.	Wearing and removing sterile gloves	4
7.	Bed making	4
8.	Personal Hygiene	



9.	Transfer the patient from bed to wheelchair and stretchers	4
10.	Cold and heat compresses -	4
10.	Range of motion	4
11.	Assessing and demonstrates Vital Signs	8
12.	Drugs Administration	8
13.	revision	
Total		60

E. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: Practical and theory	6 th -7 th	20%
3.	Final exam: Practical and theory	14 th -16 th	50%
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Potter, P.A., Perry, A.G., Stockert, P.A., & Hall, A.M. (2019). <i>Essentials for Nursing Practice</i> (9th ed.). St. Louis: Elsevier.
Supportive References	Potter, P. A., Perry, A. G., Hall, A., & Stockert, P. A. (2017). <i>Fundamentals of nursing</i> . Ninth edition. St. Louis, Mo.: Mosby Elsevier.
Electronic Materials	Blackboard materials
Other Learning Materials	- E- books electronic - Online US Library

2. Required Facilities and equipment





Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	- Classrooms - simulation rooms - laboratories - Clinical setting (Hospital)
Technology equipment (projector, smart board, software)	- Data show projector - Blackboard - smart board - Laptop computer - Computer based simulator
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of Students assessment	Students Course coordinator Program Leaders Examination committee revision	Direct /indirect
Quality of learning resources	Course coordinator Peer reviewer Examination committee revision	Direct /indirect
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	





DATE

